

# Buy Phentermine Online At Low Price



'Phentermine' is a class of medication called Anorectics, and it is used for rapid weight loss. Phentermine works as an appetite suppressant and produces great results when combined with a low-calorie diet and exercise.

It is proven to be effective for short term weight loss. Phentermine was FDA approved in 1959 for short term weight loss of about 12 weeks for people older than 16 years of age.

In the 1990s, drug makers combined it with other weight loss drugs, which after combination used to be called fen-phen. However, after the report of significant heart problems caused by the combination medication, the FDA removed the other two drugs (fenfluramine and dexfenfluramine) from Phentermine.

'Phentermine' is a stimulant that is only available on a doctor's prescription. It is also sold under the brand name Adipex-P, Lomaira, and Suprenza.

*If you have been dealing with obesity for a very long time and are not able to lose weight? Then Phentermine can be magical for you in your health and fitness journey. To buy Phentermine online from Whitechemist.*

*"Start Your Weight Loss Journey Now"*

## What Are Phentermine's Side-Effects

If you experience any of the symptoms of side effects of phentermine, you should take immediate consultation, and get instant medical help from any healthcare professional.

### **Some common side effects of using Phentermine are –**

- Heart palpitations
- High blood pressure

- Feeling restlessness
- Headaches
- Dry mouth
- Diarrhoea
- Constipation, and
- Hives

**You should not use Phentermine if you are allergic to it or if you have any –**

- History of heart disease (coronary artery, heart rhythm problems, congestive heart failure, or stroke)
- Severe or uncontrolled high blood pressure
- Overactive thyroid
- Glaucoma
- Extreme agitation or nervousness
- History of drug abuse or
- If you take other diet pills

Talk to your doctor about it if you have experienced or have any of these health issues, and then start using this medication to prevent any side effects and drug interactions that can be dangerous to your health.

Do not use Phentermine if you have taken any MAO inhibitor in the past 14 days otherwise a dangerous drug interaction could occur.

Phentermine should not be used during pregnancy and feeding period, even if you are overweight, as it can severely harm the unborn baby and can prove to be life-threatening.

Do not use alcohol or any other substance, and also avoid consuming it with other medicines or drugs to prevent any side effects and interactions.

## How To Use Phentermine

This medication is advised for people dealing with [obesity](#) and for some overweight people who are not able to lose weight just by exercising and eating less.

This medication is used for a limited period to speed up weight loss in overweight people who are exercising and taking a low-calorie diet. Generally, doctors advise them to change their diet and motivate them to do physical work like exercising and going for a walk.

A low-calorie diet and exercise are cornerstones of weight loss, but certain drugs can provide powerful support that can speed up your weight loss. It works as a central nervous system stimulant similar to Amphetamines.

Phentermine, in combination with [Topiramate](#), helps to treat BED (binge eating disorder), which is a behavioural disorder characterised by eating excessive food till discomfort.

It has a higher risk of dependency, which is why it is prescribed to use for a shorter period of time, and it is considered as a controlled substance. Hence, this medication may not be safe for certain people dealing with severe health problems.

It is prescribed by several healthcare professionals in the treatment of Obesity, defined by a body mass index (BMI). It is also prescribed when a person's BMI is equal to 27 or has at least one weight-related health problem such as low blood pressure, cholesterol, and type 2 diabetes.

Taking Phentermine helps suppress your appetite, thereby limiting how many calories you eat, and overtime leads to weight loss. But using Phentermine with a doctor's consultation can be harmful for your health.

## What Is Phentermine's Dosage

The dosage of Phentermine varies from person to person according to their health conditions and depending on its concentration and forms. Do not exceed the medications. Please take it as recommended by your healthcare professional.

- For best practices of doctors, it was prescribed to take an 8 mg formulation in 2016, taken up to 3 times at least 30 minutes before bedtime.
- If you are prescribed a higher dose by your doctor, such as (15, 30, or 37.5 mg) to be taken once per day, then you should take it before breakfast or 1 – 2 hours after breakfast.
- If you are dealing with insomnia or difficulty sleeping or waking up, then to prevent this, take the dosage during the daytime and avoid taking it too late.

When Phentermine is combined with Topiramate, it treats BED. The dosage is used in this case according to the prescription, and your doctor may increase the dose or the time of your dose after 14 days of medication.

This medication can be taken with or without food as prescribed by your physician. Do not chew or crush the medicines. Take them whole at once with a glass of water.

Phentermine is a short-term medication, and if you use it for a more extended period of time, it develops dependency and can make you addicted to it.

## What Precautions Should I Take

- Losing weight and maintaining it can reduce various health problems caused by Obesity, such as cholesterol, high blood pressure, and type 2 Diabetes. Gaining weight is not a good sign for your health, as it comes with various health problems.

- Eat in limited amounts as needed; do not eat in excess or high-calorie foods. If you see or experience weight gain, start exercising and watch your meals.
- Maintain a healthy lifestyle and eating habits that are suitable for your health. Avoid beige and eat your food in small portions.
- For effective weight loss, people who are taking this medication should become physically active by walking and exercising daily and by keeping their diet low-calorie.
- If you are dealing with any severe health issues, tell your doctor about it so that he can prescribe this medication to you according to your health conditions.

## Overall

Nowadays, weight gain is a very common problem seen in people because of their unhealthy and unbalanced lifestyle. And everyone wants to become fit without doing any physical work.

It is seen that people use weight loss medicines for rapid weight loss without doing anything, and that is the reason for many other health problems.

If a person who is not dealing with obesity uses Phentermine for weight loss without a doctor's prescription, then it can cause various side effects and serious health problems, as it is not advised to use this medication with a doctor's recommendation.

You should have a proper doctor's prescription to get all the benefits of this medication. *Want to Buy Phentermine Online? Get it from 'Whitechemist' right now.*

*"Health And Wellness Delivered To Your Doorstep"*